

NEVER SUMMER 100KM 2020

COVID-19 SAFETY PROTOCOLS

Goals:

1. A safe yet fulfilling race experience
2. Reduce contact points by 90%
3. Avoid mass gatherings of 50+

We all look forward to a fun, relaxed atmosphere celebrating a return to racing, yet we also appreciate that things will look a little different.

Our approval to hold this race is contingent on following the protocols that have been approved by State Forest State Park and Jackson County, and we appreciate you playing your part.

Those not cooperating will be asked to leave and could be subject to disqualification. Runners are responsible for the actions of their crew/pacers. The intent of these protocols matters more than exact wording – so please don't look for loopholes – and do your best to embrace the changes and our need to manage everyone's safety.

These protocols are in line with current national, state and local regulations. They are subject to change if regulations are updated.



ALL PARTICIPANTS (runners, volunteers, crews, pacers) are required to:

PRE-REGISTER. To ensure contact tracing. This includes signing an electronic waiver certifying:

- You have not had symptoms of COVID-19 or been exposed to COVID-19 within the past two weeks,
- You will notify us if either occurs between your signing and arrival at the race
- You agree to contact us if you test positive within 2 weeks after the race
- You acknowledge the changes and additional restrictions on this year's race

Personal information will be kept confidential.

WEAR A MASK at all times, except when 1) running 2) eating/drinking

TEMPERATURE CHECK (contactless) upon arrival. Those with temperatures above 100.4F will be required to leave

MAJOR CHANGES:

- Clear Lake and Canadian Aids combined into Clear-Canadian Aid (mile 37.7/44.0). The new aid is crew access, and pacers may start at mile 37.7.
- Slight course change on the north end, shortening total distance to just under 62mi
- Ranger Lakes Aid (mile 62.0) eliminated
- 55K option may be added (to be confirmed)
- Limited Menu & Service at Aid Stations
- Drop Bags available at all Aid Stations
- Crew/Pacers limited to 2 total per runner
- Wave Starts
- No Sunday Awards/Breakfast

RACE BRIEFINGS:

Pre-recorded videos will be offered for both Runner and Volunteer Briefings, available to watch anytime. Multiple live pre-race Q&A sessions will also be scheduled.

RACE START:

Runners will be divided into waves of 50, starting every 30 minutes.

- Runners must not exit their cars/campsites until the previous wave has departed
- Runners will be assigned into waves based on UltraSignup predicted finish times, with expected fastest finishers starting first. Wave swap requests will have a deadline
- Crews/pacers are strongly discouraged from attending the start

CUT-OFFS:

Cut-Offs will be enforced by wave. Runners will have color-coded bibs. **All runners will have the same amount of total time on course and between aid stations.**

CREWS/PACERS:

Runners are limited to 2 total pacers/crew (including kids). Pacers and crew must be pre-registered for contact tracing, sign a waiver, and wear a provided identification badge/bib.

- Crews/pacers are asked to wait inside their vehicles as much as possible. We know cell service is extremely limited, and parking is typically single-file on a roadside, so it's not easy to see when your runner arrives. Be patient, use good judgment and be respectful.
- Spectators are strongly discouraged – this includes crews/pacers at aid stations where they are allowed but not needed. We discourage crews from going to aid stations where their runner has the ability to self-care – especially Diamond Aid (mile 17.1)
- Crews/pacers must wear their badge/bib when outside their vehicle, and maintain social distancing from other crews and aid staff

DROP BAGS:

Runners can place drop bags at every aid station. We want runners to have this extra resource, to help make up for more limited crews & aid. Runners can also use their drop bags to avoid high risk areas in aid stations by self-aiding.

- Drop bags for Michigan Ditch (mile 11.4) and Montgomery (mile 23.2) are strongly discouraged due to space constraints, and cannot be dropped off race morning
- Drop bags need to be a reasonable size (small duffle bag / gallon ziplock), soft-sided, and contain no breakable items or valuables
- Drop bags need to be clearly labeled with runner Name, Bib Number and Location
- Drop bags cannot be protected if rain/hail occurs. Prepare accordingly
- Sanitizing spray/wipes will be available for runners & volunteers who handle drop bags

RACE HEADQUARTERS:

- Porta-Potties and Hand Wash station numbers will be increased. All portos will be stocked with hand sanitizer and disinfectant spray or wipes.
- **Gould Community Center will have a max capacity, especially for post-race warming**
 - If capacity is reached, we will ask runners/crews who have spent time inside to exit to allow newly finished runners to enter
 - Runners should plan alternative recovery areas (car, tent, off-site lodging)
 - Individual runner “stations” inside will be marked off
- Runners will receive their finisher award when they cross the line
- Finish Line food will be served in to-go boxes
- **No Awards Ceremony/Breakfast**
 - Runners are expected to depart shortly after finishing, unless camping at Race HQ
- Campsites at Race HQ must be 15' apart.
- If fire restrictions allow a group campfire, social distancing must be observed around it

AID STATIONS:

Expect slower service at aid stations as we all navigate the new guidelines

- **Clear Lake (mile 39.4/43.9) and Canadian (mile 50.1) Aids are combined, moved to the Clear Lake Rd /Kelly Lake Trail junction, and are now Clear-Canadian Aid (mile 37.7/44.0).** Clear Lake is our most remote aid station, and we need to be able to evacuate runners in line with current guidelines in case of a severe weather event. The new aid station will be crew access, and pacers may start with their runners at mile 37.7.
- **Ranger Lakes Aid (mile 62.0) is eliminated**
- **Masks** are required in aid stations. Boundaries will be set between the service area (wear masks) and eating/drinking area (mask removal is fine with 6' distancing)
- **No communal food bowls.** Runners will not have direct access to the food. A masked/gloved volunteer will distribute individual servings in individual plates/bowls/cups and sanitize the serving table between each runner
- **Fluid service is no-touch.** Runners must open their own bottles/bladders, and a masked/gloved volunteer pours into their container. If contact is made, serving pitchers will be sanitized
- **Warming tents and blankets are only for true medical situations.** Entering a warming tent means the runner is dropping. Maximum occupancy of 4 in a warming tent. Blankets are limited and will not be reused between runners
- Menus will be posted 1/2mi before each aid station to encourage runners to consider their requests ahead of time and not linger
- A hand-sanitizer station will be set up at the entrance to each aid station
- The food selection will be simplified. Priority will be given to foods runners are unable to provide in their drop bags (hot soup, quesadillas, ice, popsicles, fruit). A full menu list will be published pre-race
- Volunteers will NOT provide personal, one-on-one service. Contact minimization is the goal. **Runners should be self-sufficient as much as possible**

55K OPTION:

- **Runners may choose to switch to the 55K either pre-race or during the event itself**
- This route follows the 100K course until Montgomery Aid (mile 23.2). Courses split on Montgomery Pass Road below the aid station
 - 100K runners turn onto the South Yurt Trail toward Ruby Jewel Aid
 - 55K runners continue down Montgomery Pass Road to Bockman Road to Bockman Aid, then follow the traditional course over Gould Mountain to the Finish
- Runners who miss the Montgomery Aid (mile 23.2) cut-off can opt to continue to finish the 55K. This will not be an option for runners who miss the Michigan Ditch (mile 11.4) or Diamond (mile 17.2) cut-offs.

LOCAL AREA:

Jackson County is a remote, sparsely populated area that as of yet has zero confirmed COVID-19 cases. We will communicate with all local businesses and notify you pre-race of their receptivity to traffic from outside the area. Please respect their wishes.

In the event that someone associated with the race tests positive for COVID-19 in the two weeks post- event, we will follow strict CDC guidelines on reporting and communication to all potentially exposed parties. The individual's identification will be protected.

These guidelines were prepared in consultation with State Forest State Park, Jackson and Larimer County Public Health, and innumerable gracious people and resources. Special Thanks to:
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